# Safe & Stable Housing

Youth homelessness is a prevalent issue in the United States. Prospects for future educational attainment, employment growth, health stability, and family preservation significantly improve for youth living in a safe and stable housing environment.



#### All Youth



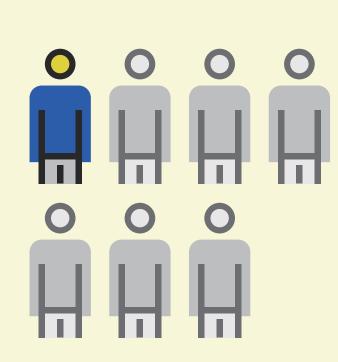
1 in 30 adolescents

1 in 10

experience homelessness within in a year.

1 in 7

young adults who are solely responsible for rent reported being behind on rent during the COVID-19 pandemic.<sup>2</sup>

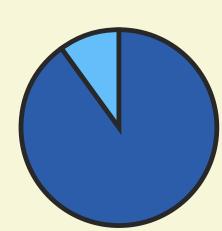


una

~32,000

unaccompanied youth experienced unsheltered or sheltered homelessness in the United States, according to Point-in-Time (PIT) counts from January 2020.<sup>3</sup>

Of these youth...



are young adults

70% are under age 18



50%

of unaccompanied youth experiencing homelessness are unsheltered.<sup>3</sup>

#### Disparities Among Youth



African American young adults experience homelessness at about twice the rate of White non-Hispanic peers.<sup>4</sup>



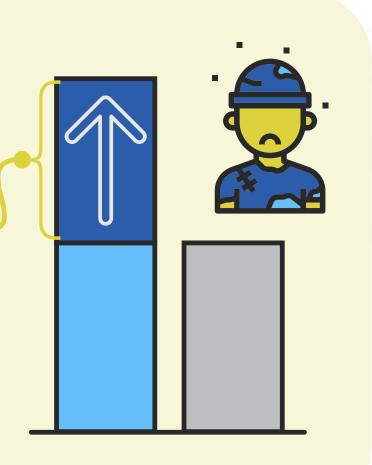
1 in 4 African American young adults experience housing instability

compared to fewer than 1 in 10 for White non-Hispanic peers.<sup>5</sup>

African American young adults have an

83% increased risk

of experiencing homelessness compared to White non-Hispanic peers.<sup>6</sup>



# Education & Employment

Youth and young adults who experience homelessness are much less likely to remain and excel in school than their stably housed peers. Youth homelessness and educational attainment should be addressed with crosscutting strategies.



#### All Youth



Young adults who experience homelessness are **less than** 

1/3 as likely

to be enrolled in a four-year college than stably housed peers.<sup>1</sup>



Young adults with less than a high school diploma or GED are

4.5x more likely

to experience homelessness than peers who completed high school.<sup>2</sup>

Household income is highly associated with risk for young adult housing insecurity.<sup>3</sup>

are



Individuals with annual household income **less than** 

\$24,000



162% more likely

to be homeless than their wealthier peers.<sup>4</sup>

Of youth experiencing homelessness:4

nearly 70%
report facing mental
health difficulties



29% struggle with substance use

### Disparities Among Youth



## Only about 22%

of African American young adults experiencing homelessness have completed at least some postsecondary education

compared to 28% of their White non-Hispanic peers.<sup>5</sup>

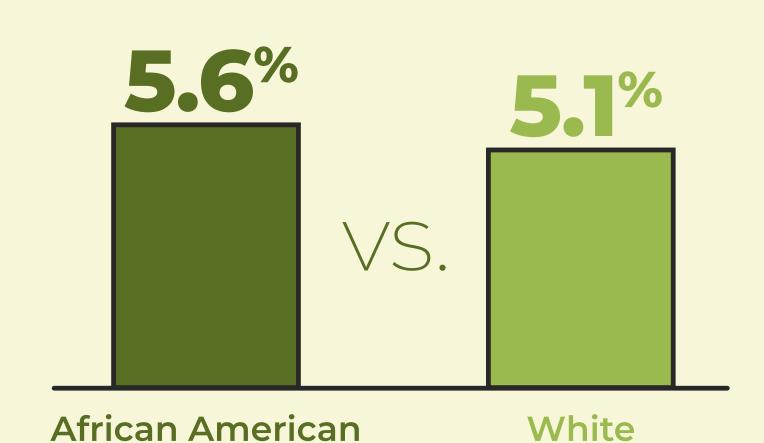


#### Only 17%

of African American young adults live in households with an annual income of at least \$75,000

compared to 34% of their White non-Hispanic peers.<sup>6</sup>

In 2019, a higher percentage of African American youth ages 16-24 were neither enrolled in high school nor completed high school than their White peers.<sup>7</sup>

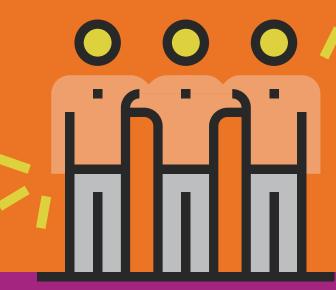


AGE GROUPS: Young adults are ages 18-25; All youth includes ages 13-25



**Education & Employment** 

# Permanent Connections



## Social & Emotional Wellbeing

Social, emotional, behavioral and mental wellbeing are important factors, influencing thinking, feelings, communication, actions and learning. These measures contribute to a youth's resilience and how they relate to others, respond to stress and emotions, and make choices.1



#### All Youth

Unaccompanied youth experiencing homelessness are

45% more likely

to have considered suicide when compared to youth who are stably housed.<sup>2</sup>





Youth who experience prolonged homelessness are at greater risk for substance use, including use of intravenous drugs, methamphetamine, and other hard drugs.<sup>3</sup>

Factors associated with multiple or long episodes of homelessness among youth include...<sup>3</sup>



history of involvement in the child welfare and/or juvenile justice system



history of exposure to abuse and violence at home



being a high school dropout



being unemployed or working "under the table"



being **unsheltered** or moving cities

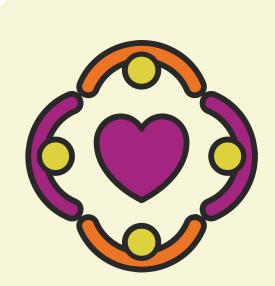


having been **pregnant** or gotten someone pregnant



having **run away** from a family home, group home, or foster care

### Disparities Among Youth



Social support and positive connections improve wellbeing among youth experiencing homelessness.<sup>4</sup> For African American youth, these especially include positive social connectedness to one's ethnic community.5



The disproportionality in African American, American Indian, and Alaska Native youth homelessness mirrors racial disparities documented elsewhere.

For example,

in school suspensions, incarceration, and foster care placement.7

Generally, males make up more than

66% of unsheltered unaccompanied youth



% of sheltered unaccompanied youth<sup>6</sup>

African American, American Indian, Alaska Native, and LGBTQ+ youth, particularly young men, report the highest rates of homelessness.<sup>3, 6</sup>